

Welcome to the

Middleton Counseling Center

Counseling • Support • Spiritual Direction • Labyrinth Walks

The Middleton Counseling Center

As a specialized ministry of Bryn Mawr Presbyterian Church, we welcome people of all—and no—faith backgrounds who seek to strengthen the connection between body, mind, and spirit. Whether you are new to counseling or have previous experience, we provide a welcoming setting for quality, affordable counseling, regardless of your background or current circumstances.

About the counselors

The Center contracts with a variety of counselors and spiritual directors, each with their own areas of expertise. You can read about each counselor at **middletoncenter.org**

How do I connect with a counselor?

Start by calling **610-525-0766**. We'll ask a few questions to understand your needs and recommend a counselor, who will then contact you directly.

Once connected, you and your counselor will establish the relationship and discuss the nature and scope of treatment, therapeutic philosophy, and your rights. You are encouraged to ask about their expertise, background, and experience. The frequency and content of counseling will be determined together.

Will my information be shared?

Absolutely not. Confidentiality is always respected. A signed consent form is required before any information is shared outside of a counseling appointment. Counselors do not discuss appointment content with Middleton Counseling Center or BMPC staff. Your information will be kept confidential and not shared with any outside organization or person. The Center retains basic contact information as needed but never shares private information with any other organization.

Where do we meet?

The Middleton Counseling Center is located on the campus of Bryn Mawr Presbyterian Church in a space that is separate and distinct from the Church. Your counselor will direct you to your specific counseling room.

How much does counseling cost?

Practitioners set their own fees. Fees vary and are based on a variety of factors. Conversation related to fees are an expected and normal part of the intake process.

What if I cannot afford counseling?

At Middleton Counseling Center, we believe quality counseling should be available to everyone. To help make this possible, we offer a **scholarship program** that reduces the cost of counseling for individuals and families with financial need.

As part of our shared mission, Middleton practitioners have agreed to reduce their fees for clients who qualify for a scholarship. This means qualifying clients will only be responsible for a co-pay, paid directly to the practitioner.

Scholarship eligibility is based on your **Adjusted Gross Income (AGI)** and is verified using your most recent tax return or two recent pay stubs.

The chart on the back page shows **your portion of the session fee** based on AGI. The amount listed in parentheses indicates the scholarship contribution toward the therapist's standard rate.

Clients with an AGI of **$70,000 or higher do not qualify for scholarships** and pay their therapist's standard rate, which is not listed and can vary between therapists.

Apply for a scholarship by completing these two steps:

- Complete the Middleton Counseling Center Scholarship Form. You can obtain an application online at middletoncenter.org or from your counselor.
- Provide a copy of the front page of your most recent tax filing which indicates their Adjusted Gross Income (AGI) OR provide a copy of your two most recent paycheck stubs.

Once you have completed these two documents please submit them both via email to Kiki McKendrick, Middleton Counseling Center Director, at **KikiMcKendrick@bmpc.org**

Scholarship Guidelines by Adjusted Gross Income (AGI)
(Client payment listed first; scholarship amount in parentheses)

AGI	Single	Married-Jointly
Unemployed - $29,999	$20 ($105)	$20 ($105)
$30,000 - $36,999	$30 ($95)	$25 ($100)
$37,000 - $43,999	$35 ($90)	$30 ($95)
$44,000 - $49,999	$40 ($85)	$35 ($90)
$50,000 - $56,999	$50 ($75)	$40 ($85)
$57,000 - $63,999	$65 ($60)	$60 ($65)
$64,000 - $69,999	$90 ($35)	$80 ($45)
$70,000 +	Not eligible	Not eligible

Get Started Today

Call or email to learn more or schedule an appointment



Kiki McKendrick
Director, Middleton Counseling Center
KikiMcKendrick@bmpc.org | 610-525-0766

helping to navigate the turning points of life

THE MIDDLETON COUNSELING CENTER

625 Montgomery Avenue, Bryn Mawr, PA 19010 | middletoncenter.org